



# BOOTCAMP DISCLAIMER & PAYMENT



**PLEASE READ & KEEP THIS ON FILE FOR YOUR INFORMATION**

## TERMS & CONDITIONS

### 1. FEES AND PAYMENT

The Program Fee set out in this contract must be paid in full to Pro-Fit Corporate Health prior to the commencement of the Boot Camp program.

**2. CANCELLATION** For any cancellation you must give Pro-Fit Corporate Health written notice. Cancellations **received 7 days or more before** the commencement of the Boot Camp program will enable you to a full refund of the Course Fee paid at the date of cancellation. Cancellations **received less than 7 days before** the commencement of the Boot Camp program will incur a \$20.00 administration fee.

**Cancellations will not be accepted at any time after the Boot Camp program has commenced.**

### 3. WARRANTY AND RELEASE

You hereby acknowledge that Boot Camp program activities are more strenuous and rigorous than other forms of exercise. You hereby acknowledge to Pro-Fit Corporate Health that you are physically capable of and there is no medical reason to prevent you from undertaking the Boot Camp program. Pro-Fit Corporate Health relies on the above warranties in allowing you to undertake the Boot Camp program. You acknowledge that whilst participating in the Boot Camp program, your person and your property are at your own risk. You acknowledge that you release and indemnify Pro-Fit Corporate Health in respect of and Pro-Fit Corporate Health hereby excludes, to the extent permitted by law, all liability for any injury loss or damage to person or property (whether direct, indirect, special or consequential) suffered by you while you are participating in the Boot Camp program, however that injury, damage or loss is caused, including if it is caused by the negligence of Pro-Fit Corporate Health.

### 4. INCLEMENT WEATHER

Pro-Fit Corporate Health Boot Camp takes place rain, hail or shine. In the instance of inclement weather it is the responsibility of the participant to ensure appropriate clothing and footwear.

## SAFETY IS OUR PRIORITY

1. Your Boot Camp Instructors are trained in Senior First Aid. Each Senior Instructor carries a First Aid Kit.
2. Your instructor may exclude you from undertaking Boot Camp or certain activities if he/she believes that undertaking or continuing to undertake Boot Camp or those activities may place your health at risk.
3. If you suspect you have sustained an injury or feel the effects of a previously known condition, cease all activity and bring it to the attention of the instructor **IMMEDIATELY**.
4. In the event of an emergency the emergency services number is **000**
5. Every recruit must have a full water bottle at the beginning of every session.
6. If you have an asthma condition – please carry your own medication (i.e. puffer).
7. Keep noise to a minimum especially in residential areas.
8. We are not interested in forcing you to do any activity you feel at risk of any danger, please inform the instructor if you think an exercise is too risky for you.